

Shoulder Season Day Hike Packing List:

This list is recommended for hikes in early spring and late fall when you may find some snow and ice on the trail but not enough for snowshoes.

General Gear:

- Day pack with hip belt
- Sturdy boots
- Hiking socks:
 - Thick wool socks
 - Thin wicking liner
- Watch or similar
- Toilet Paper
 - WAG bags if in sensitive environments
 - Kula/pee cloth
- Small Trowel
- Layers (worn or packed):
 - Wicking inner layer
 - Insulating mid layer
 - Wind/Water proof shell layer
 - Gloves/Mittens
 - Hat/Neck gaiter/Balaclava
- Extra socks
- Hand warmers
- Microspikes

Optional Gear:

- Rain cover for pack
- Trekking poles with snow baskets
- Gaiters
- Sunglasses
- Camera/Phone
- GPS device
- Satellite device (inReach or similar)
- Battery pack and cable
- Rope/Webbing (50 feet)

10 essentials:

- Paper map and compass
 - GPS/Phone does not replace
- Rain Gear
 - Jacket & pants
 - Poncho
- Headlamp x 2
 - 1 set of extra batteries
- First Aid kit
- Emergency kit
 - whistle / signal mirror / bright cloth
 - knife
 - duct tape
 - paracord
 - zip ties
- Fire Starting Material
 - matches / lighter
 - fire starters
- Food for the hike
 - Trail mix / snack food
 - Lunch
- Water
 - At least 2 L in insulated bottles
 - Means of purifying
- Sun protection
- Insect protection
- Emergency shelter
 - Emergency blanket
 - Emergency bivy

Notes:

- Water purification can be chemical tablets or a pot and stove. Filters may freeze. Everyone should have a method to purify in the event they get separated from the group and need clean water. Chemical tablets are small, and can easily be added to a first aid kit.
- Check the expiration dates on the things in your first aid kit, water purification tablets, sun block, bug repellent, and food. Replace if needed.
- Check that your headlamps work. Yes, you need 2 means of light, have you tried changing batteries in the dark?
- Headlamp batteries should be lithium, not alkaline. Lithium batteries do better in cold weather.
- Boots may be insulated. If not insulated, wear thicker socks and add foot warmers as needed. Make sure that the boots are comfortable, but not constricting.

- Microspikes should be little triangles of steel. The coil and dot style spikes are not appropriate for the woods. Check that the microspikes fit your boots BEFORE packing them.